

SYLLABUS WAQF-E-NAU

Part 3
(Years 15-21)



CENTRAL WAQF-E-NAU DEPARTMENT

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SYLLABUS FOR WAQF-E-NAU PART 3 (FOR AGES 15-21) (ENGLISH)

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OUR BELOVED IMAM HAZRAT KHALIFATUL MASIH V^(aba) SAID:

“

It is essential that this intent should be expressed firstly by the Waqifeen-e-Nau when they renew their covenant of Waqf at the age of fifteen.

For this I have also issued a directive to the relevant department that they should formally obtain this in writing from all those who reach the age of fifteen, whether or not they wish to continue with their Waqf. Then, at the age of 20-21, when they have completed their studies, for those who have not gained admission into Jamia Ahmadiyya, they should write again to renew their bond. If an individual is instructed to gain further experience in a particular discipline, then again it should be documented and written down. In other words, at every stage the

Waqf-e-Nau should himself express his heartfelt wish of continuing with his Waqf. ”

(Friday Sermon delivered on 28th October 2016 at the Baitul Islam Mosque, Toronto, Canada)

ہمارے پیارے امام حضرت خلیفۃ المسیح الخامس ایدہ اللہ تعالیٰ بنصرہ العزیز نے فرمایا:

”اس سوچ کا اظہار پہلے تو واقفین نو کو اپنے وقف کی تجدید کرتے ہوئے پندرہ سال کی عمر میں کرنا ضروری ہے۔ پندرہ سال کی عمر میں باقاعدہ تحریری طور پر ان سے لیں کہ وہ وقف کو جاری رکھیں گے یا جاری رکھنا چاہتے ہیں۔ پھر بیس اکیس سال کی عمر میں جب پڑھائی سے فارغ ہو جاتے ہیں تو ان سب کے لئے ضروری ہے جو جامعہ میں داخل نہیں ہوئے کہ وہ اس بونڈ (bond) کو دوبارہ لکھیں۔ پھر اگر کسی کو یہ کہا جائے کہ کسی شعبہ میں کچھ تربیت لے لو تو پھر دوبارہ تحریر کریں۔ گویا کہ ہر مرحلے پر وقف نو کو خود اپنی دلی خواہش کے مطابق اپنے وقف کو قائم رکھنے کا اظہار کرنا چاہئے۔“

(خطبہ جمعہ فرمودہ 28th October 2016)



الله



محمد



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INTRODUCTION

By the Grace of Allah, the leading group of Waqf-e-Nau children has reached the stage where shortly they will be active in the service of Islam Ahmadiyyat, Insha-Allah. This places an enormous responsibility on the parents and the Jamaát to work towards the adequate training of these devotees. In this regard, the Wakalat Waqf-e-Nau has already published and distributed the syllabus. Additionally, the five sermons delivered by Hazrat Khalifatul-Masih IV^(rh) on this subject have also been received by the parents, Alhamdulillah. Parents and the Secretaries should base their training program on the valuable instructions contained in the aforementioned sermons and this syllabus.

To a degree, this syllabus covers the requirements of training, yet it should not be treated as the last word. It is not prudent to rely on any single source of knowledge. Therefore, the parents, and at a later stage, the Waqf-e-Nau devotees themselves, should expand their learning beyond this syllabus and should seek help from other books. Some books have been prescribed by the Wakalat-Waqf-e-Nau and should prove helpful. The following are available from the offices of the Wakalat-Waqf-e-Nau: Minhaajut-Taalibeen, Bachchon ki Parwarish, Kar na Kar, Hazrat Rasool-e-Kareem Sallallaahu alaihi Wa Sallam, Kompal, Ghunchah, Gul, Guldastah, Kaamyaabi ki Raahein, Hikaayaat-e-Sheereen, Waqiyaat-e-Shirin, Hayaat Nuruddeen, Merei Bachpan kei Din. These books can also be obtained from the offices of Lajnah Imaa'illah Pakistan, Khuddamul Ahmadiyyah Pakistan, Nazarat Ishaat and Lajna Imaillah Karachi.



INSTRUCTIONS FOR PARENTS

- A personal file should be created for each Waqf-e-Nau child. This file should contain the birth certificate, Form B (where applicable), Waqf-e-Nau acceptance letter, vaccination record, etc. Your child's progress should also be recorded in this file, e.g. the date when Yassarnal Quran was completed, the date when Salat was memorized, and the school reports from school. A copy of the file should be kept with the local Waqf-e-Nau secretary. When moving to another town, this file should be passed on to the new Waqf-e-Nau secretary. Copies of all documents should be sent to the National Headquarters so central records are up to date and complete.
- Parents should adopt an attitude of moderation in their child's training. The child should be treated neither with extreme strictness nor with excessive lenience.
- A child's training should be done by personal xample. Parents should develop all those habits in themselves when they would like to see in their children.
- Remember that this syllabus sets only the minimum standard.
- Parents should listen to the Friday Sermons delivered by Hazrat Khalifatul-Masih IV^(rh) and Hazrat Khalifatul-Masih V^(aba) carefully and try to upbringing the children according to advices by them.
- Waqf-e-Nau classes are a main source of training the children according to the directions of Hazrat Khalifatul-Masih V^(aba). These classes are telecasted on MTA repeatedly and are also available on YouTube.

FOR WAQIFEEN-E-NAU

- You are a Waqf-e-Nau child. It is expected that you will not merely memorize this syllabus but will inculcate its elements into your personality and everyday life. Try to be a "special child" as our beloved Imam has regard in his Friday Sermon.
- The time is approaching fast when you will present yourself to serve Islam. So for your Waqf was a pledge made by your parents; soon you will need to renew this pledge yourself, Insha-Allah.
- Pray for yourself and your fellow devotees that Allah accepts your waqf and enables you to fulfill this pledge with the utmost sincerity until the end of your life.
- The purpose of your life is to spread the message of Islam to the entire world. You have to gather the whole of mankind under the banner of Allah and His Prophet Muhammad^(sa).
- This is the greatest task in the world and there is no work like this one. You cannot spread the message of Islam unless you have a strong connection with Allah and His love flows in your heart.
- You should therefore, offer your five daily prayers, recite the Holy Quran daily and before starting any work, consider whether it will earn Allah's pleasure. If it will, then proceed by all means. However, if it will earn His displeasure, then reject it in disdain. In this regard feel free to consult your parents, elders or the missionaries of the Jamaat.
- Study the syllabus thoroughly and remove any deficiency that you may find in yourself.
- Remember that whatever good you have learnt should become part of your daily life. e.g. the prayers that you have memorized should be used at their appropriate times. You have learnt the etiquettes of home, school and the mosque, now you should constantly evaluate yourselves in the light of what you have learnt.
- Offer salat in congregation and during salat, keep the meaning of the prayers in your mind.
- The Holy Quran should be recited daily and you should make an effort to read its translation as well.
- Always pray to Allah to fulfill even the smallest need.
- Make a habit of saying:
Assalamu alaikum, Jazakumullah, Maashaa-Allah, Bismillah, Alhamdulillah, Inshaa-Allah, Sal-Allahu alaihi wa sallam, etc.
- Practice writing the Arabic prayers contained in this syllabus.
- Watch MTA International regularly, especially the Friday sermon and children programs.

- Learn different languages. Every Waqf-e-Nau should know Arabic and Urdu. Also learn an additional language, e.g. Chinese, Russian, Dutch, Spanish, French, Turkish, Norwegian, etc. Try to excel in the language of your choice.
- Develop a habit of going to bed early and getting up early in the morning.
- Participate in various financial schemes launched by Hazrat Khalifatul Masih such as the Tehreek-e-Jadeed and Waqf-e-Jadeed schemes.
- Adopt the five basic morals as described by Hazrat Khalifatul Masih IV^(rh).
- Become a useful and active member of the Jamaát and its auxiliaries. If any duty is assigned by the Jamaát or its auxiliaries, fulfill it cheerfully.
- Develop the habit of obedience. If an elder asks you to do a job, do it cheerfully, and when asked to desist in some matter, stop immediately.
- Take an active part in social work such as visiting the sick or helping neighbours.
- Adopt an active lifestyle and do not shy away from manual or labour work.
- Keep Jamaát periodicals such as Tasheez-ul-Azhaan, Al-Fazal and other literature published by the Jamaát at your regular perusal. Also keep abreast of current developments in the world through newspapers and other journals.
- Watch for any directive or publication related to Waqf-e-Nau, study it and act accordingly. "Ismael" & "Maryam" are the central quarterly magazines printed under the guidance of Hazrat Khalifatul Masih V^(aba). Every Waqf-e-Nau child should get it on regular basis.
- Read such stories which help in developing a positive character. Avoid indecent literature and humor. Discuss your selections with your parents.
- Participate in sporting and academic extra curricular activities. Seek guidance from parents and teachers in this matter.
- Be habitually punctual and make a schedule for your daily routine.
- Develop love for your country along with love for religion.
- Develop the habit of exercising and taking part in healthy sports such as swimming, football, cycling etc.
- Pay special attention to cleanliness. Clean your teeth everyday; shower regularly; wear clean clothes and shoes. Do not unnecessarily mark the books you read. Keep your neighbourhood and environment clean.
- Learn about your family history.
Know important facts such as when your family accepted Amadiyyat; what sacrifices were made; what difficulties were faced; and blessings that Allah has bestowed upon your family.
- Develop a habit of keeping a daily journal. Make note of your progress and any important instructions given by Hazrat Khalifatul Masih^(aba).



IN ORDER TO BE REGARDED AS 'SPECIAL':

We are the children who have presented our lives for the sake of Allah. We want to be a true Ahmadi Muslim Waqif-e-Nau who is ever ready to serve for the cause of Allah. Our beloved Imam has advised us in his Friday Sermon that if we want to be 'special' Waqif-e-nau then we should have all good qualities and moral values to be a loyal and sincere servant of Islam and Khilafat-e-Ahmadiyya. Huzur^(aba) said:

Waqf-e-Nau [children], as I mentioned, are very special. However, in order to be regarded as 'special', they must prove certain things.

“In order to be considered ‘special’ they will have to prove that they have a strong relationship with Allah. They will be called ‘special’ if they have a greater fear of God than others. They will be called ‘special’ if their standards of worship are much higher than those of others. They will be considered ‘special’ if they, in addition to the compulsory prayers, also offer voluntary prayers [Nawaafil]. A sign of them being ‘special’ is that their general etiquettes and morals are of the highest standard. They will be deemed ‘special’ if their conversations and general speech are very distinct from others and if it is clearly evident that they have been specially trained and are among those who give precedence to faith over the worldly pursuits in every situation, then they will be deemed ‘special.’ As for the girls; they will be considered ‘special’ if their attire and their purdah [safeguarding ones chastity] are such that they are a reflection of true Islamic teachings to the extent that when others see them, they envy them and say that indeed, despite

living in this society, their attire and purdah are exceptionally outstanding. Boys will be considered 'special' if they lower their gaze out of modesty, instead of leering in all directions and looking at inappropriate material. Instead of looking at immoral things on the internet or through other means if they utilise their time acquiring religious knowledge, then they will be deemed 'special'. These boys will be considered 'special' if their appearances make them distinct from others. Waqf-e-Nau boys and girls will be considered 'special' if they recite the Holy Qur'an on a regular basis, searching for its commandments and then acting upon them. They will be considered 'special' if they participate in events organised by the Jama'at or its auxiliary organisations more actively and regularly than others. If they are leading their siblings in the good treatment of parents and in supplicating for them, then this is also a special distinction. They will be deemed 'special' if when finding suitors for marriage boys as well as girls give precedence to faith over worldly matters, and by acting on the guidelines of the faith they sustain their relationship. If their ability to endure pressure more than others, and if they abstain from arguments or quarrels and instead resolve such matters then they will be seen as 'special'. They will be considered 'special' if in the field of preaching they are at the forefront in fulfilling their duty. They will be considered 'special' if they are at the forefront in the obedience to Khilafat and in following its instructions. If they are of resilient character and willing to make sacrifices, then they are definitely 'special'. If they display humility and a spirit of selflessness more than others, and despise arrogance and strive against it, then, indeed they are 'special.' If they listen to my Friday sermons and watch other programmes of mine on MTA to seek guidance continuously, then they are indeed 'special'."

If they act upon these things and upon all those things that please God Almighty and refrain from what displeases Him and what He has forbidden, then they are certainly special or rather 'very special'. Otherwise, there is no difference between them and others."

(Friday Sermon delivered on 28th October 2016 at the Baitul Islam Mosque, Toronto, Canada)

May Allah enable us to be a true lover of Khilafat-e-Ahmadiyya and a sincere, devoted servant of Islam.

Luqman Ahmed Kishwar
Head of Central Waqf-e-Nau Dept. London



عہد خدام الاحمدیہ

أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ، لَا شَرِيكَ لَهُ
وَأَشْهَدُ أَنَّ مُحَمَّدًا عَبْدُهُ وَرَسُولُهُ

”میں اقرار کرتا ہوں کہ دینی، قومی اور ملی مفاد کی خاطر میں اپنی جان، مال، وقت اور عزت کو قربان کرنے کے لیے ہر دم تیار رہوں گا۔ اسی طرح خلافت احمدیہ کے قائم رکھنے کی خاطر ہر قربانی کے لیے تیار رہوں گا اور خلیفہ وقت جو بھی معروف فیصلہ فرمائیں گے اس کی پابندی کرنی ضروری سمجھوں گا۔“ (ان شاء اللہ تعالیٰ)

I bear witness that there is none worthy of worship except Allah.
He is One and has no partner, and I bear witness that Muhammad^{sa}
is His servant and Messenger.

I solemnly pledge that I shall always be ready to sacrifice my life, wealth, time
and honor for the sake of my faith, country and nation. Likewise I shall be
ready to offer any sacrifice for guarding the institution of Khilafat-e-Ahmadiyya.
Moreover I shall deem it essential to abide by any “Maroof” decision
made by Khalifatul Masih, InshaAllah.



عہد لجنہ اماء اللہ

أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ
وَأَشْهَدُ أَنَّ مُحَمَّدًا عَبْدُهُ وَرَسُولُهُ

”میں اقرار کرتی ہوں کہ اپنے مذہب اور قوم کی خاطر اپنی جان، مال، وقت اور اولاد کو قربان کرنے کے لیے تیار رہوں گی نیز سچائی پر ہمیشہ قائم رہوں گی اور خلافتِ احمدیہ کے قائم رکھنے کے لیے ہر قربانی کے لیے تیار رہوں گی۔“
(ان شاء اللہ تعالیٰ)

I bear witness that there is none worthy of worship except Allah.
He is One and has no partner, and I bear witness that Muhammad^{sa}
is His servant and Messenger.

I affirm that I shall always be ready to devote my life, property, time and children
for the cause of the faith and the community. I shall always adhere to the truth
and shall always be prepared to make every sacrifice for the perpetuation of the
Ahmadiyya Khilafat, InshaAllah.

FOR AGE 15

Try to fast for few days during the month of Ramazan.

From the previous syllabi revise Surahs, etiquette, Ahadith, poems and Names of Allah.

Offer five daily prayers.

Work on adopting the five basic morals as described by Hazrat Khalifatul Masih IV^(rta) and the moral and spiritual values discussed by Hazrat Khalifatul Masih V^(aba) in his Friday Sermon (28th October 2016 from Canada).

FIRST SIX MONTHS

The Holy Qur'an

- Learn the translation of part 9 and 10 of The Holy Qur'an.
- Memorize Surah Al-Ghashiyah and learn the translation.
- Al-Ghshiyah الغاشية

اللہ کے نام کے ساتھ جو بے انتہا رحم کرنے والا، بن مانگے دینے والا (اور) بار بار رحم کرنے والا ہے۔

1 بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِیْمِ ۝

کیا تجھے مدہوش کر دینے والی (ساعت) کی خبر پہنچی ہے؟

2 هَلْ أَتٰكَ حَدِیْثُ الْغَاشِیَةِ ۝

بعض چہرے اُس دن سخت خوفزدہ ہوں گے۔

3 وَجُوْدُ یَوْمَیْنِ خَاشِعَةٍ ۝

(یعنی قبل ازیں دنیا کی جستجو میں) سخت مشقت کرنے والے (اور) تھک کر چور ہو جانے والے۔

4 عَامِلَةٌ نَّاصِبَةٌ ۝

وہ بھڑکتی ہوئی آگ میں داخل ہوں گے۔

5 تَصْلٰی نَارًا حَامِیَةً ۝

ایک کھولتے ہوئے چشمے سے انہیں پلایا جائے گا۔

6 تُسْقٰی مِنْ عَیْنٍ اٰنِیَّةٍ ۝

ان کے لئے کوئی کھانا نہ ہوگا مگر تھوہر سے بنا ہوا۔

7 لَیْسَ لَهُمْ طَعَامٌ اِلَّا مِنْ صَرِیْعٍ ۝

نہ وہ موٹا کرے گا اور نہ بھوک سے نجات دے گا۔

8 لَا یُسَبِّحْنَ وَلَا یُغْنٰی مِنْ جُوعٍ ۝

- 9 **وَجُودًا يَوْمَ مَدِينَةٍ ۝** بعض چہرے اس دن تر و تازہ ہوں گے۔
- 10 **لَسَعِبَهَا رَاضِيَةً ۝** اپنی کوششوں پر بہت خوش۔
- 11 **فِي جَنَّةٍ عَالِيَةٍ ۝** ایک بلند و بالا جنت میں۔
- 12 **لَا تَسْبَعُ فِيهَا لَاحِيَةً ۝** تو اس میں کوئی بے ہودہ بات نہیں سنے گا۔
- 13 **فِيهَا عَيْنٌ جَارِيَةٌ ۝** اس میں ایک جاری چشمہ ہوگا۔
- 14 **فِيهَا سُرُرٌ مَّرْفُوعَةٌ ۝** اس میں اونچے بچھائے ہوئے تخت ہوں گے۔
- 15 **وَأَكْوَابُ مَوْضُوعَةٌ ۝** اور (سیٹے سے) چنے ہوئے پیالے۔
- 16 **وَنَبَارِقُ مَصْفُوفَةٌ ۝** اور صف بہ صف لگائے ہوئے تکیے۔
- 17 **وَزَرَائِبُ مَبْنُوتَةٌ ۝** اور بچھائی ہوئی مسندیں۔
- 18 **أَفَلَا يَنْظُرُونَ إِلَى الْإِبِلِ كَيْفَ خُلِقَتْ ۝** کیا وہ اونٹوں کی طرف نہیں دیکھتے کہ کیسے پیدا کئے گئے؟
- 19 **وَالِى السَّمَاءِ كَيْفَ رُفِعَتْ ۝** اور آسمان کی طرف کہ اُسے کیسے رفعت دی گئی؟
- 20 **وَالِى الْجِبَالِ كَيْفَ نُصِبَتْ ۝** اور پہاڑوں کی طرف کہ وہ کیسے مضبوطی سے گاڑے گئے؟
- 21 **وَالِى الْأَرْضِ كَيْفَ سُطِحَتْ ۝** اور زمین کی طرف کہ وہ کیسے ہموار کی گئی؟
- 22 **فَذَكِّرْ ۚ إِنَّمَا أَنْتَ مُذَكِّرٌ ۝** پس بکثرت نصیحت کر۔ تو محض ایک بار بار نصیحت کرنے والا ہے۔
- 23 **لَسْتُ عَلَيْهِمْ بِصَاطِرٍ ۝** تو ان پر داروغہ نہیں۔
- 24 **إِلَّا مَنْ تَوَلَّى وَكَفَرَ ۝** ہاں وہ جو پیٹھ پھیر جائے اور انکار کر دے۔
- 25 **فَيُعَذِّبُهُ اللَّهُ الْعَذَابَ الْأَكْبَرَ ۝** تو اُسے اللہ سب سے بڑا عذاب دے گا۔
- 26 **إِنَّ إِلَيْنَا أِيَابَهُمْ ۝** یقیناً ہماری طرف ہی اُن کا لوٹنا ہے۔
- 27 **ثُمَّ إِنَّ عَلَيْنَا حِسَابَهُمْ ۝** پھر یقیناً ہم پر ہی اُن کا حساب ہے۔

- 1 In the name of Allah, the Gracious, the Merciful.
- 2 Has there come to thee the news of the overwhelming calamity?
- 3 Some faces on that day will be downcast;
- 4 Toiling, weary.
- 5 They shall enter a burning Fire;
- 6 And will be made to drink from a boiling spring;
- 7 They will have no food save that of dry, bitter and thorny herbage,
- 8 Which will neither fatten, nor satisfy hunger.
- 9 And some faces on that day will be joyful,
- 10 Well pleased with their labour,
- 11 In a lofty Garden,
- 12 Wherein thou wilt hear no idle talk;
- 13 Therein is a running spring,
- 14 Therein are raised couches,
- 15 And goblets properly placed,
- 16 And cushions beautifully ranged,
- 17 And carpets tastefully spread.
- 18 Do they not then look at the camel, how it is created?
- 19 And at the heaven, how it is raised high?
- 20 And at the mountains, how they are set up?
- 21 And at the earth, how it is spread out?
- 22 Admonish, therefore, for thou art but an admonisher;
- 23 Thou hast no authority to compel them.
- 24 But whoever turns away and disbelieves,
- 25 Allah will punish him with the greatest punishment.
- 26 Unto Us surely is their return,
- 27 Then, surely, it is for Us to call them to account.

HADITH

نماز دین کا ستون ہے
Salat is a pillar of faith

الصَّلَاةُ عِمَادُ الدِّينِ

Assalatu `imadu ddin

وطن سے محبت کرنا ایمان کا حصہ ہے
Love of one's country is a part of faith

حُبُّ الْوَطَنِ مِنَ الْإِيمَانِ

Hubbul watani minal'iman

- Study the last 20 Ahadith from **"Forty Gems of Beauty"**.

QUR'ANIC PRAYERS

رَبِّ اغْفِرْ وَارْحَمْ وَأَنْتَ خَيْرُ الرَّحِيمِينَ

Rabbighfir warham wa anta khairur rahimin

اے میرے رب۔ بخش دے مجھے اور رحم کر اور تو رحم کرنے والوں میں سب سے بہتر ہے۔ (المومنون: ۱۱۹)

My Lord, forgive and have mercy, and Thou art the Best of those who show mercy.

(18:119)

رَبِّ إِنِّي لِمَا أَنْزَلْتَ إِلَيَّ مِنْ خَيْرٍ فَقِيرٌ

Rabbi inni lima anzalta ilayya min khairin faqir

اے میرے رب۔ یقیناً میں ہر اچھی چیز کے لئے، جو تو میری طرف نازل کرے، ایک فقیر ہوں۔ (القصص: ۲۵)

My Lord, I stand in need of whatever good Thou mayest send down to me.

(20:25)

ETIQUETTE

Revise and practice the etiquette learnt in the previous syllabus.

BIOGRAPHY

Book on the life of the Holy Prophet^(sa) ہمارا آقا Hamara Aqa,
by Muhammad Ismail Panipati

OR

A chapter "The Holy Prophet: A Life Sketch" from the book
"Introduction to the Study of The Holy Quran"

By Hazrat Mirza Bashir-ud-Din Mahmud Ahmad^(ra).

مسودات

- Memorize Qasidah by Hazrat Masih-e-Maud^{as} couplets 21 to 30.

صَادَفْتَهُمْ قَوْمًا كَرُوثٍ ذِلَّةً	فَجَعَلْتَهُمْ كَسَبِيكَةِ الْعُقَيَّانِ	21
حَتَّى اسْتَفَى بَرَّ كِبْشِلِ حَدِيقَةٍ	عَذَبِ الْمَوَارِدِ مُشْبِرِ الْأَعْصَانِ	22
عَادَتْ بِلَادُ الْعَرَبِ نَحْوَ نَضَارَةٍ	بَعْدَ الْوُجَى وَالْمَحِلِّ وَالْخُسْرَانِ	23
كَانَ الْحِجَازُ مَعَازِلَ الْغُزْلَانِ	فَجَعَلْتَهُمْ فَايَيْنَ فِي الرَّحْمَانِ	24
شَيْئَانِ كَانَ الْقَوْمُ عُيَا فِيْهَمَا	حَسُو الْعَقَارِ وَكَثْرَةُ النِّسْوَانِ	25
أَمَّا النِّسَاءُ أَفْحَرِمَتْ أَنْكَاحَهَا	زَوْجَالَهُ التَّحْرِيمِ فِي الْقُرْآنِ	26
وَجَعَلَتْ دُسْكَرَةَ الْبُدَامِ مُخْرَبًا	وَأَزَلَّتْ حَاتَتَهَا مِنَ الْبُلْدَانِ	27
كَمْ شَارِبٍ بِالرَّشْفِ دَنَا طَافِحًا	فَجَعَلْتَهُ فِي الدِّينِ كَالنِّسْوَانِ	28
كَمْ مُحَدِّثٍ مُسْتَنْطِقِ الْعِيدَانِ	قَدْ صَارَ مِنْكَ مُحَدِّثَ الرَّحْمَنِ	29
كَمْ مُسْتَهَامٍ لِلرَّشُوفِ تَعَشُّقًا	فَجَدَّبَتْهُمْ جَدْبًا إِلَى الْفُرْقَانِ	30

SECOND SIX MONTHS

THE HOLY QUR'AN

- Learn the translation of part 11 and 12 of the Holy Qur'an.
- Memorize complete Surah Al-A'la and learn the translation.
- Al-'A'la الاعلى

اللہ کے نام کے ساتھ جو بے انتہا رحم کرنے والا، بن مانگے دینے والا (اور) بار بار رحم کرنے والا ہے۔

اپنے بزرگ و بالا رب کے نام کا ہر عیب سے پاک ہونا بیان کر۔ جس نے پیدا کیا پھر ٹھیک ٹھاک کیا۔

اور جس نے (عناصر کو) ترکیب دی پھر ہدایت دی۔

اور جس نے زندگی کی حفاظت کے لئے سبزہ نکالا۔

پھر اسے (ناقدروں کے لئے) سیاہ کوڑا کرکٹ بنادیا۔

ہم ضرور تجھے قراءت سکھائیں گے پس تو نہیں بھولے گا۔

سوائے اس کے جو اللہ چاہے۔ یقیناً وہ ظاہر کو بھی جانتا ہے اور اسے بھی جو مخفی ہے۔

اور ہم تجھے آسانی مہیا کریں گے۔

پس نصیحت کر۔ نصیحت بہر حال فائدہ دیتی ہے۔

وہ ضرور نصیحت پکڑے گا جو ڈرتا ہے۔

اور سخت بد بخت (شخص) اُس سے اجتناب کرے گا۔

جو سب سے بڑی آگ میں داخل ہو گا۔

پھر وہ اس میں نہ مرے گا اور نہ جئے گا۔

یقیناً وہ کامیاب ہو گیا جو پاک ہوا۔

اور اپنے رب کے نام کا ذکر کیا اور نماز پڑھی۔

در حقیقت تم تو دنیوی زندگی کو ترجیح دیتے ہو۔

حالانکہ آخرت بہتر اور ہمیشہ باقی رہنے والی ہے۔

یقیناً یہ ضرور پہلے صحیفوں میں بھی ہے۔

ابراہیم اور موسیٰ کے صحیفوں میں۔

1 بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِیْمِ ۝

2 سَبِّحْ اسْمَ رَبِّكَ الْاَعْلٰی ۝

3 الَّذِیْ خَلَقَ فَسُوِّیْ ۝

4 وَالَّذِیْ قَدَّرَ فَهَدٰی ۝

5 وَالَّذِیْ اَخْرَجَ الْمَرْعٰی ۝

6 فَجَعَلَهُ غُثَاآءً اَحْوٰی ۝

7 سَتُقَرِّکَ فَلَا تَنْسٰی ۝

8 اِلَّا مَا شَآءَ اللّٰهُ ۚ اِنَّهٗ یَعْلَمُ الْجَهْرَ وَ

مَا یَخْفٰی ۝

9 وَیُسِّرْکَ لَیْسَ مٰی ۝

10 فَذَکِّرْ اِنْ نَّفَعَتِ الذِّکْرٰی ۝

11 سَیَذَّکَّرْ مَنْ یَّخْشٰی ۝

12 وَیَتَجَبَّبَہَا الْاَشْقٰی ۝

13 الَّذِیْ یُصَلِّی النَّارَ الْکُبْرٰی ۝

14 ثُمَّ لَا یَبُوءُ فِیْہَا وَلَا یَحْیٰی ۝

15 قَدْ اَفْلَحَ مَنْ تَزٰوٰی ۝

16 وَذَکَّرَ اسْمَ رَبِّہٖ فَصَلٰی ۝

17 بَلْ تُوْثِرُوْنَ الْحَیٰوۃَ الدُّنْیَا ۝

18 وَالْاٰخِرَۃُ خَیْرٌ وَّاَبْقٰی ۝

19 اِنَّ هٰذَا لَفِی الصُّحُفِ الْاُولٰی ۝

20 صُحُفِ اِبْرٰہِیْمَ وَمُوسٰی ۝



- 1 In the name of Allah, the Gracious, the Merciful.
- 2 Glorify the name of thy Lord, the Most High,
- 3 Who creates and perfects,
- 4 And Who designs and guides,
- 5 And Who brings forth the pasturage,
- 6 Then turns it black, rotten rubbish.
- 7 We shall teach thee the Qur'an, and thou shalt forget it not,
- 8 Except as Allah wills. Surely, He knows what is open and what is hidden.
- 9 And We shall facilitate for thee every facility.
- 10 So go on reminding; surely, reminding is profitable.
- 11 He who fears will soon heed;
- 12 But the reprobate will turn aside from it,
- 13 He who is to enter the great Fire.
- 14 Then he will neither die therein nor live.
- 15 Verily, he truly prospers who purifies himself,
- 16 And remembers the name of his Lord and offers Prayers.
- 17 But you prefer the life of this world,
- 18 Whereas the Hereafter is better and more lasting.
- 19 This indeed is what is taught in the former Scriptures
- 20 The Scriptures of Abraham and Moses.

HADITH

مسلمان وہ ہے جس کی زبان اور ہاتھ سے دوسرے مسلمان محفوظ رہیں

A Muslim is one from whose tongue and hands another Muslim is safe.

اَلْمُسْلِمُ مَنِ سَلِمَ الْمُسْلِمُونَ مِنْ لِسَانِهِ وَيَدِهِ

Almuslimu man salimal muslimuna min-lisanihi wa yadihi

تیرا کسی چیز سے محبت کرنا اندھا اور بہرہ کر دیتا ہے
Love of objects can make a person blind and deaf.

حُبُّكَ الشَّيْءِ يُعَبِّى وَيُصِمُّ

Hubbukash shai'a yumi wayusimmu

- "Pyaray Rasul ki Piayari Batein" پیارے رسول کی پیاری باتیں از حضرت میر محمد اسحاق صاحب رحمہ اللہ by Hazrat Mir Muhammad Ishaq^(ra). Ahadith 1 to 160.

PRAYERS FROM THE HOLY QUR'AN

رَبَّنَا ظَلَمْنَا أَنْفُسَنَا ۖ وَإِنْ لَّمْ تَغْفِرْ لَنَا وَتَرْحَمْنَا لَنَكُونَنَّ مِنَ الْخَاسِرِينَ

اے ہمارے رب ہم نے اپنی جانوں پر ظلم کیا اور اگر تو نے ہمیں معاف نہ کیا اور ہم پر رحم نہ کیا تو یقیناً ہم گھٹا کھانے والوں میں سے ہو جائیں گے۔ (الاعراف: ۲۴)

Our Lord we have wronged ourselves and if Thou forgive us not and have not mercy on us, we shall surely be of the losers. (7:24)

اَلْحَمْدُ لِلّٰهِ وَسَلَامٌ عَلٰی عِبَادِهِ الَّذِيْنَ اصْطَفٰی

ہر تعریف کا اللہ ہی مستحق ہے اور اس کے وہ بندے جن کو اس نے چن لیا ہو ان پر ہمیشہ سلامتی نازل ہوتی رہے

All praise belongs to Allah, and peace be upon those servants of His whom He has chosen. (27:60)

BIOGRAPHY

The life of the Promised Messiah^{as} by Hazrat Mirza Bashir-ud-Din Mahmud Ahmad^{ra}.

Book: Seerat Hazrat Masih-e-Mau'ood by Hazrat Mirza Bashir-ud-Din Mahmud Ahmad^{ra}. (English translation as "Hazrat Ahmad")

CONTEMPORARY ISSUES

- Memorize the following Qur'anic verses with translation:



On the death of Jesus^{as}:

كُلُّ نَفْسٍ ذَائِقَةُ الْمَوْتِ (آل عمران ١٨٦)

Kullu nafsin zaaiqa tul maut

Every soul shall taste of death. (Al-e-Imran 186)

On the truth of the Promised :

فَقَدْ لَبِثْتُ فِيكُمْ عُمُرًا مِنْ قَبْلِهِ أَفَلَا تَعْقِلُونَ (يونس ١٧)

Faqad labithtu fikum umuram-min qablihi afala ta qilun

I have indeed lived among you a whole lifetime before this.
Will you not then understand? (Yunus 17)

ACTIVITIES

- Engage in an active lifestyle to include activities such as brisk walking, running, swimming etc.
- Help with the household work.
- Girls should be given responsibility at home with chores such as cleaning, washing and cooking.

FOR AGE 16 AND 17

FIRST SIX MONTHS

THE HOLY QUR'AN

- Learn the translation of part 13 and 14 of The Holy Qur'an.
- Memorize complete Surah Al-Buruj and learn the translation.
- Al-Buruj البروج

اللہ کے نام کے ساتھ جو بے انتہا رحم کرنے والا، بن مانگے دینے والا (اور) بار بار رحم کرنے والا ہے۔

قسم ہے برجوں والے آسمان کی۔

اور موعود دن کی۔

اور ایک گواہی دینے والے کی اور اُس کی جس کی گواہی دی جائے گی۔

ہلاک کر دیئے جائیں گے کھانیوں والے۔

یعنی اُس آگ والے جو بہت ایندھن والی ہے۔

جب وہ اُس کے گرد بیٹھے ہوں گے۔

اور وہ اُس پر گواہ ہوں گے جو وہ مومنوں سے کریں گے۔

اور وہ اُن سے پر خاش نہیں رکھتے مگر اس بنا پر کہ وہ اللہ، کامل غلبہ رکھنے والے، صاحب حمد پر ایمان لے آئے۔

جس کی آسمانوں اور زمین کی بادشاہی ہے اور اللہ ہر چیز پر گواہ ہے۔

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ۝

وَالسَّمَاءِ ذَاتِ الْبُرُوجِ ۝

وَالْيَوْمِ الْمَوْعُودِ ۝

وَشَهِيدٍ وَ مَشْهُودٍ ۝

قَتَلَ أَصْحَابُ الْأُخْدُودِ ۝

النَّارِ ذَاتِ الْوُقُودِ ۝

إِذْ هُمْ عَلَيْهَا قُعُودٌ ۝

وَهُمْ عَلَىٰ مَا يَفْعَلُونَ
بِالْمُؤْمِنِينَ شُهُودٌ ۝

وَمَا نَقَبُوا مِنْهُمْ إِلَّا أَنْ يُؤْمِنُوا
بِاللَّهِ الْعَزِيزِ الْحَمِيدِ ۝

الَّذِي لَهُ مُلْكُ السَّمَوَاتِ وَالْأَرْضِ
وَاللَّهُ عَلَىٰ كُلِّ شَيْءٍ شَهِيدٌ ۝

یقیناً وہ لوگ جنہوں نے مومن مردوں اور مومن عورتوں کو فتنہ میں ڈالا پھر توبہ نہیں کی تو اُن کے لئے جہنم کا عذاب ہے اور اُن کے لئے آگ کا عذاب (مقدر) ہے۔

11 إِنَّ الَّذِينَ فَتَنُوا الْمُؤْمِنِينَ وَالْمُؤْمِنَاتِ ثُمَّ لَمْ يَتُوبُوا فَلَهُمْ عَذَابُ جَهَنَّمَ وَلَهُمْ عَذَابُ الْحَرِيقِ ۝

یقیناً وہ لوگ جو ایمان لائے اور نیک اعمال بجالائے اُن کے لئے ایسی جنتیں ہیں جن کے دامن میں نہریں بہتی ہیں۔ یہ بہت بڑی کامیابی ہے۔

12 إِنَّ الَّذِينَ آمَنُوا وَعَمِلُوا الصَّالِحَاتِ لَهُمْ جَنَّاتٌ تَجْرِي مِنْ تَحْتِهَا الْأَنْهَارُ ۚ ذَٰلِكَ الْفَوْزُ الْكَبِيرُ ۝

یقیناً تیرے رب کی پکڑ بہت سخت ہے۔

13 إِنَّ بَطْشَ رَبِّكَ لَشَدِيدٌ ۝

یقیناً وہی شروع بھی کرتا ہے اور دُہراتا بھی ہے۔

14 إِنَّهُ هُوَ يُبْدِي وَيُعِيدُ ۝

باوجود اس کے کہ وہ بہت بخشنے والا اور بہت محبت کرنے والا ہے۔

15 وَهُوَ الْغَفُورُ الْودُودُ ۝

صاحبِ عرش (اور) صاحبِ مجد ہے۔

16 ذُو الْعَرْشِ الْمَجِيدُ ۝

جو چاہتا ہے اُسے ضرور کر کے رہتا ہے۔

17 فَعَالٍ لِّبَآئِرٍ ۝

کیا تجھ تک لشکروں کی خبر پہنچی ہے؟

18 هَلْ أَتَاكَ حَدِيثُ الْجُنُودِ ۝

فرعون کی اور ثمود کی۔

19 فِرْعَوْنُ وَثَمُودَ ۝

بلکہ وہ لوگ جنہوں نے کفر کیا وہ تکذیب ہی میں (لگے) رہتے ہیں۔

20 بَلِ الَّذِينَ كَفَرُوا فِي تَكْذِيبٍ ۝

جبکہ اللہ اُن کے آگے پیچھے سے گھیرا ڈالے ہوئے ہے۔

21 وَاللَّهُ مِنْ وَرَائِهِمْ مُحِيطٌ ۝

بلکہ وہ تو ایک صاحبِ مجد قرآن ہے۔

22 بَلْ هُوَ قُرْآنٌ مَّجِيدٌ ۝

ایک لوحِ محفوظ میں۔

23 فِي لَوْحٍ مَّحْفُوظٍ ۝

- 1 In the name of Allah, the Gracious, the Merciful.
- 2 By the heaven having mansions of stars,
- 3 And by the Promised Day,
- 4 And by the Witness and that about whom witness has been borne,
- 5 Cursed be the Fellows of the Trench —
- 6 The fire fed with fuel —
- 7 As they sat by it,
- 8 And they witnessed what they did to the believers.
- 9 And they hated them not but because they believed in Allah, the Almighty, the Praiseworthy,
- 10 To Whom belongs the kingdom of the heavens and the earth; and Allah is Witness over all things.
- 11 Those who persecute the believing men and the believing women and then repent not, for them is surely the punishment of Hell, and for them is the punishment of burning.
- 12 But those who believe and do good works, for them are Gardens through which streams flow. That is the great triumph.
- 13 Surely the seizing of thy Lord is severe.
- 14 He it is Who originates and reproduces;
- 15 And He is the Most Forgiving, the Loving;
- 16 The Lord of the Throne, the Lord of honour;
- 17 Doer of whatever He wills.
- 18 Has not the story of the hosts come to thee?
- 19 Of Pharaoh and Thamud?
- 20 Nay, but those who disbelieve persist in rejecting the truth.
- 21 And Allah encompasses them from before them and from behind them.
- 22 Nay, but it is a glorious Qur'an,
- 23 In a well-guarded tablet.

HADITH

محسن شخص کے لئے دل میں محبت اور جو برائی کرے اُس سے نفرت فطرتاً دلوں میں رکھی گئی ہے۔

There is natural love in one's heart for a benefactor and revulsion for the evildoer.

جُبِلَتْ الْقُلُوبُ عَلَى حُبِّ مَنْ أَحْسَنَ
إِلَيْهَا وَبُغْضٍ مَنْ أَسَاءَ إِلَيْهَا

*Jubilatil qulubu ala hubbi man ahsana
ilaiha bughdi man asa'a ilaiha*

سفر عذاب کا ایک ٹکڑا ہے۔

In journey is kept a taste of (Divine) torment.

السَّفَرُ قِطْعَةٌ مِنَ الْعَذَابِ

Assafra qitatum minal adhab

- پیارے رسول کی پیاری باتیں از حضرت میر محمد اسحاق صاحب رحمۃ اللہ علیہ
"Pyarai Rasull ki Piayari Batein"
by Hazrat Mir Muhammad Ishaq^(ra). Ahadith 161 to 320.

PRAYERS FROM THE HOLY QUR'AN

رَبَّنَا لَا تُزِغْ قُلُوبَنَا بَعْدَ إِذْ هَدَيْتَنَا وَهَبْ لَنَا مِنْ لَدُنْكَ رَحْمَةً ۚ إِنَّكَ أَنْتَ الْوَهَّابُ

*Rabbana la tuzigh qulubana ba da idh hadaitana wa hab lana mil-ladunka rahmah,
innaka antal wahhab*

اے ہمارے رب! ہمارے دلوں کو ٹیڑھا نہ ہونے دے بعد اس کے کہ تو ہمیں ہدایت دے چکا ہو۔ اور ہمیں اپنی طرف سے رحمت عطا کر۔ یقیناً تو ہی ہے جو بہت عطا کرنے والا ہے۔ (ال عمران: ۹)

O our Lord, let not our hearts become perverse after Thou hast guided us, and bestow on us mercy from Thyself; surely, Thou art the Great Bestower (3:9)

رَبَّنَا آمَنَّا بِمَا أَنْزَلْتَ وَاتَّبَعْنَا الرَّسُولَ فَاكْتُبْنَا مَعَ الشَّاهِدِينَ

Rabbana amanna bima anzalta wattabanar rasula faktubna ma ash shahidin

اے ہمارے رب! ہم اس پر ایمان لے آئے جو تُو نے اُتارا اور ہم نے رسول کی پیروی کی۔ پس ہمیں (حق کی) گواہی دینے والوں میں لکھ دے۔ (ال عمران: ۵۴)

Our Lord we believe in that which Thou hast sent down and we follow this Messenger. So write us among those who bear witness (3:54)

BIOGRAPHY

Siratun-Nabi^{sa} by Hazrat Khalifatul-Masih II^{ra}, first half, which has been translated into English as: Life of Muhammad^(sa)



POEM

- Memorize the Qasidah by Hazrat Masih-e-Maud^{as} couplets 31 to 40.

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- Salam Ba-Hudur Syed-ul-Anaam^{sa} - سلام بحضور سید الانام صلی اللہ علیہ وسلم
by Dr Mir Muhammad Ismaeel^{ra}, first 9 couplets.

سلام بحضور سید الانام ﷺ
(از بخار دل - حضرت میر محمد اسماعیل صاحب)

شفیع الوریٰ مرجع خاص و عام
یہ کرتا ہے عرض آپ کا اک غلام
علیک الصلوٰۃ، علیک السلام
جو دیکھا وہ حسن اور وہ نور جبیں
کہ دشمن بھی کہنے لگے آفریں
علیک الصلوٰۃ، علیک السلام
بتوں نے تھی حق کی جگہ گھیر لی
کہ توحید ڈھونڈے سے ملتی نہ تھی
علیک الصلوٰۃ، علیک السلام

دلائل سے قائل کیا آپ نے
شریعت کو کامل کیا آپ نے
علیک الصلوٰۃ، علیک السلام
وہ سب جمع ہیں آپ میں لا محال
ہر اک رنگ ہے بس عدیم المثال
علیک الصلوٰۃ، علیک السلام
اطاعت میں کیتا عبادت میں طاق
کہ بگزشت از قصر نیلی رواق
علیک الصلوٰۃ، علیک السلام
سپہ دار افواج قدوسیوں
افاضات میں زندہ جاوداں
علیک الصلوٰۃ، علیک السلام

بدر گاہ ذی شان خیر الانام
بصد عجز و منت بصد احترام
کہ اے شاہ کونین عالی مقام
حسینان عالم ہوئے شرمگین
پھر اُس پر وہ اخلاق اکمل تریں
زہے خلق کامل زہے حسن تام
خلائق کے دل تھے یقین سے تہی
ضلالت تھی دنیا پہ وہ چھا رہی
ہوا آپ کے دم سے اُس کا قیام

محبت سے گھائل کیا آپ نے
جہالت کو زائل کیا آپ نے
بیاں کر دیئے سب حلال و حرام
نبوت کے تھے جس قدر بھی کمال
صفات جمال اور صفات جلال
لیا ظلم کا عفو سے انتقام
مقدس حیات اور مطہر مذاق
سوار جہانگیر کیراں براق
محمد ہی نام اور محمد ہی کام
علم دار عشاق ذاتِ یگاں
معارف کا اک قلزم بیکراں
پلا ساقیا آب کو ثر کا جام

CONDITIONS OF BAI'AT

Conditions of Bai'at by Hazrat Mirza Ghulam Ahmad of Qadian, The Promised Messiah and Mahdi (peace be upon him).

Study and ponder upon the ten conditions of Bai'at (initiation) by Hazrat Masih-e-Maud^{as} published in Ishtihar Takmil-e-Tabligh 12 January 1889.

The initiate shall solemnly promise:

1. That he/she shall abstain from Shirk (association of any partner with God) right up to the day of his/her death.
2. That he/she shall keep away from falsehood, fornication, adultery, trespasses of the eye, debauchery, dissipation, cruelty, dishonesty, mischief and rebellion; and will not permit himself/herself to be carried away by passions, however strong they might be.
3. That he/she shall regularly offer the five daily prayers in accordance with the commandments of God and the Holy Prophet (peace and blessings of Allah be upon him); and shall try his/her best to be regular in offering the Tahajjud (pre-dawn supererogatory prayers) and invoking Durud (blessings) on the Holy Prophet (peace and blessings of Allah be upon him); that he/she shall make it his/her daily routine to ask forgiveness for his/her sins, to remember the bounties of God and to praise and glorify Him.
4. That under the impulse of any passions, he/she shall cause no harm whatsoever to the creatures of Allah in general, and Muslims in particular, neither by his/her tongue nor by his/her hands nor by any other means.
5. That he/she shall remain faithful to God in all circumstances of life, in sorrow and happiness, adversity and prosperity, in felicity and trial; and shall in all conditions remain resigned to the decree of Allah and keep himself/herself ready to face all kinds of indignities and sufferings in His way and shall never turn away from it at the onslaught of any misfortune; on the contrary, he/she shall march forward.
6. That he/she shall refrain from following un-Islamic customs and lustful inclinations, and shall completely submit himself/herself to the authority of the Holy Qur'an ; and shall make the Word of God and the Sayings of the Holy Prophet (peace and blessings of Allah be upon him) the guiding principle in every walk of his/her life.
7. That he/she shall entirely give up pride and vanity and shall pass all his/her life in humbleness, cheerfulness, forbearance and meekness.
8. That he/she shall hold faith, the honor of faith, and the cause of Islam dearer to him/her than his/her life, wealth, honor, children and all other dear ones.
9. That he/she shall keep himself/herself occupied in the service of God's creatures for His sake only; and shall endeavor to benefit mankind to the best of his/her God-given abilities and powers.
10. That he/she shall enter into a bond of brotherhood with this humble servant of God, pledging obedience to me in everything good, for the sake of Allah, and remain faithful to it till the day of his/her death; that he/she shall exert such a high devotion in the observance of this bond as is not to be found in any other worldly relationship and connections demanding devoted dutifulness.

SECOND SIX MONTHS

QUR'AN

- Learn the translation of part 15 and 16 of The Holy Qur'an.
- Memorize complete Surah Al-Tariq and learn the translation of it.
- At-Tariq الطارق

اللہ کے نام کے ساتھ جو بے انتہا رحم کرنے والا، بن مانگے دینے والا (اور) بار بار رحم کرنے والا ہے۔

قسم ہے آسمان کی اور رات کو ظاہر ہونے والے کی۔

اور تجھے کیا بتائے کہ رات کو ظاہر ہونے والا کیا ہے؟

بہت چمکتا ہوا ستارہ۔

کوئی (ایک) جان بھی نہیں جس پر کوئی محافظ نہ ہو۔

پس انسان غور کرے کہ اسے کس چیز سے پیدا کیا گیا۔

اچھلنے والے پانی سے پیدا کیا گیا۔

جو پیٹھ اور پسلیوں کے درمیان سے نکلتا ہے۔

یقیناً وہ اس کے واپس لے جانے پر ضرور قادر ہے۔

جس دن پوشیدہ باتیں ظاہر کی جائیں گی۔

پس نہ تو اسے کوئی قوت حاصل ہوگی اور نہ ہی کوئی مددگار۔

قسم ہے موسلا دھار بارش والے آسمان کی۔

اور روئیدگی اگانے والی زمین کی۔

یقیناً وہ ضرور ایک فیصلہ کن کلام ہے۔

اور وہ ہرگز کوئی بیہودہ کلام نہیں۔

یقیناً وہ کوئی چال چلیں گے۔

اور میں بھی ایک چال چلوں گا

پس کافروں کو ڈھیل دے۔ انہیں ایک مدت تک ڈھیل دے دے

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ۝

وَالسَّمَاءِ وَالطَّارِقِ ۝

وَمَا أَدْرَاكَ مَا الطَّارِقُ ۝

النَّجْمُ الثَّاقِبُ ۝

إِنْ كُلُّ نَفْسٍ لَّنَّاعِلِيهَا حَافِظٌ ۝

فَلْيَنْظُرِ الْإِنْسَانُ مِمَّ خُلِقَ ۝

خُلِقَ مِنْ مَّاءٍ دَافِقٍ ۝

يَخْرُجُ مِنْ بَيْنِ الصُّلْبِ وَالتَّرَائِبِ ۝

إِنَّهُ عَلَى رَجْعِهِ لَقَادِرٌ ۝

يَوْمَ تُبْلَى السَّرَائِرُ ۝

فَبَالَهُ مِنْ قُوَّةٍ وَلَا نَاصِرٍ ۝

وَالسَّمَاءِ إِذَا رَجَعٍ ۝

وَالْأَرْضِ إِذَا رَجَعٍ ۝

إِنَّهُ لَقَوْلٌ فَصْلٌ ۝

وَمَا هُوَ بِالْهَزْلِ ۝

إِنَّهُمْ يَكِيدُونَ كَيْدًا ۝

وَأَكِيدُ كَيْدًا ۝

فَبَهْلِلِ الْكَافِرِينَ أَهْمِلَهُمْ رُوَيْدًا ۝



- 1 In the name of Allah, the Gracious, the Merciful.
- 2 By the heaven and the Morning Star —
- 3 And what should make thee know what the Morning Star is?
- 4 It is the star of piercing brightness —
- 5 There is no soul but has a guardian over it.
- 6 So let man consider from what he is created.
- 7 He is created from a gushing fluid,
- 8 Which issues forth from between the loins and the breast-bones.
- 9 Surely, He has the power to bring him back to life
- 10 On the day when secrets shall be disclosed.
- 11 Then he will have no strength and no helper
- 12 By the cloud which gives rain after rain,
- 13 And by the earth which opens out with herbage,
- 14 It is surely a decisive word,
- 15 And it is not a useless talk.
- 16 Surely they plan a plan,
- 17 And I also plan a plan.
- 18 So give time to the disbelievers. Aye, give them time for a little while.

HADITH

Memorize the following with translation:

دنیا آخرت کی کھیتی ہے

Worldly life is to sow and the Hereafter
is to reap.

الدُّنْيَا مَزْرَعَةُ الْآخِرَةِ

Addunya mazra atul akhirah

حلال رزق طلب کرنا بھی جہاد ہے

Earning a lawful living is also jihad.

طَلَبُ الْحَلَالِ جِهَادٌ

Talabul halali jihad

- پیارے رسول کی پیاری باتیں از حضرت میر محمد اسحاق صاحب رحمۃ اللہ علیہ Pyaray Rasul ki Piayari Batein by Hazrat Mir Muhammad Ishaq^{ra}. Ahadith 321 to 500.

PRAYERS FROM THE HOLY QUR'AN

رَبِّ اشْرَحْ لِي صَدْرِي ۝ وَيَسِّرْ لِي أَمْرِي ۝ وَاحْلُلْ عُقْدَةً مِّنْ لِّسَانِي ۝ يَفْقَهُوا قَوْلِي ۝

Rabbishrahli sadri, wa yassirli amri, wahlul uqdatam-mil-lisani, yafqahu qauli

اے میرے رب! میرا سینہ کھول دے اور جو فرض مجھ پر ڈالا گیا ہے اس کو پورا کرنا میرے لئے آسان کر دے اور اگر میری زبان میں کوئی گرہ ہو تو اسے بھی کھول دے (حتیٰ کہ) لوگ میری بات آسانی سے سمجھنے لگیں۔

(طہ: ۲۶ تا ۲۹)

My Lord expand for me my breast; And make my task easy for me; And loose the knot from my tongue that they may understand my speech. (20:26-29)

رَبَّنَا آتِنَا مِن لَّدُنكَ رَحْمَةً وَهَيِّئْ لَنَا مِنْ أَمْرِنَا رَشَدًا

Rabbana atina mil-ladunka rahmatanw-wa hayyi lana min amrina rashada

ترجمہ۔ اے ہمارے رب العزت۔ دے ہمیں اپنی جناب سے رحمت اور نکال ہمارے لیے ہدایت کی راہیں۔

Our Lord, bestow on us mercy from Thyself,
and furnish us with right guidance in our affair.

BIOGRAPHY

- Siratun-Nabi^{sa} by Hazrat Khalifatul-Masih II^{ra}, latter half.
- Study the life of Hazrat Yousuf^{fas} (Joseph).

POEM

- Memorize Qaseedah by Masih-e-Maud^{as} couplets 41 to 50.

وَجْهَ الْمُهَيَّمِينَ ظَاهِرِي وَجْهِهِ	41
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فَلِذَا يُحَبُّ وَيُسْتَحَقُّ جَبَالُهُ	42
شَغَفَا بِهِ مِنْ زُمْرَةِ الْأَخْدَانِ	
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فَاقَ الْوَرَى بِكَمَالِهِ وَجَبَالِهِ	44
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وَبِهِ يُبَاهَى الْعَسْكَرُ الرُّوحَانِ	
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وَالظَّلُّ قَدْ يَبْدُو أَمَامَ الْوَابِلِ	50
فَالظَّلُّ طَلٌّ لَيْسَ كَالْتَهْتَانِ	

- Salam Ba-Huzur Syed-ul-Anaam^{sa} - سلام بخضور سید الانام صلی اللہ علیہ وسلم
by Dr Mir Muhammad Ismaeel^{ra},
Last 12 couplets. (See p. 29)

CONTEMPORARY ISSUES

- Memorize the following Qur'anic verses with translation:

On the death of Jesus^{as}: دلیل وفات مسیح ناصریؑ

وَمَا مُحَمَّدٌ إِلَّا رَسُولٌ قَدْ خَلَتْ مِنْ قَبْلِهِ الرُّسُلُ۔ (ال عمران ۱۴۵)

محمد ﷺ صرف ایک رسول ہیں۔ آپ ﷺ سے پہلے سب رسول فوت ہو چکے ہیں۔

Wama muhammadun illa rasul, qad khalat min qablihir rusul

And Muhammad is but a Messenger. Verily, all messengers have passed away before him. (3:145)

On the truthfulness of the Promised Messiah^{as} موعودؑ حضرت مسیح موعودؑ
memorize the following Hadith:

كَيْفَ أَنْتُمْ إِذَا نَزَلَ ابْنُ مَرْيَمَ فِيكُمْ وَإِمَامُكُمْ مِنْكُمْ (صحيح بخاری)

تمہارا کیا حال ہو گا جب تم میں ابن مریم نازل ہو گا اور وہ تم میں سے ہی تمہارا امام ہو گا۔

Kaifa antum idha nazala bnu maryama fikum wa imamukum minkum

How will you feel when the Son of Mary will descend amongst you and he will be an Imam from amongst you. (Bukhari)



ACTIVITIES

- Engage in sports activities on a regular basis such as hiking and trekking, horse riding.
- Learn a useful skill, for example, Microsoft Office, Urdu typing etc.
- Girls should assist in the teaching of young Waqf-e-Nau children and learn the translation skills.

FOR AGE 18 AND 19

RESPONSIBILITIES OF NATIONAL AMEER, NATIONAL & LOCAL SECRETARIES WAQF-E-NAU



Hazrat Khalifatul-Masih the V^(aba) has directed that all Waqifeen-e-nau who fall in the above age group must study the following syllabi. It is mandatory for all Waqifeen-e-nau to follow the syllabi and appear in a written examination. The syllabi is meant for 2 years and should be divided into 4 equal semesters and all Waqifeen-e-nau must appear in a written examination at the end of each semester.

It is also directed that the results of each examination should be submitted to the centre.

Every Waqf-e-Nau should complete this syllabus prepared by the Central Waqf-e-Nau Department according to his/her age group.

It is the responsibility of the Ameer of each country to ensure that the national and local secretaries Waqf-e-Nau arrange a robust programme for their country and engage all the Waqifeen-e-nau to participate.

Every country should held a National Annual Waqf-e-Nau Ijtema and report to Markaz. Waqf-e-Nau classes should be organized regularly in every local jamaat to cover the syllabus and for other training purposes.

Assistant (Muavina) Sadr for Waqifat-e-Nau in Lajna Imaillah and Assistant (Muavin) Sadr for Waqifeen-e-Nau in Majlis Khuddam-ul-Ahmadiyya are also responsible for organizing such programmes.

All Waqifeen-e-Nau should watch Waqf-e-Nau classes with Huzur^(aba) and all other programmes broadcasted on MTA regarding the Waqf-e-Nau tahrik.

No	SUBJECTS	SYLLABUS
1	Translation of the Holy Qur'an	To learn translation of chapters 17 and 18
2	Commentary of the Holy Quran	To study the commentary of Surah Al-Kahf From "Tafsir-e-Kabir" by Hazrat Mirza Bashir-ud-Din Mahmud Ahmad or from the 5 Volume commentary edited by Malik Ghulam Farid in English or in any other language.
3	Memorization of The Holy Qur'an learning by heart	To learn Surah Ad-Dahar and Surah As-Saff by heart and learn the translation of the verses.
4	Study of Ahadith	To study and understand the Ahadees (sayings of the Holy Prophet ^(saw) given in "Forty Pearls of Wisdom" by Mirza Bashir Ahmad or 40 Ahadees from "Gardens of The Righteous" by Ch. Muhammad Zafarulla Khan.
5	History Of Islam	As given in "Commentary on the study of The Holy Qur'an" by Hazrat Mirza Bashiruddin Mahmood Ahmad (Khalifatul-Masih the II) The same is included in the first part of the 5 volume commentary of The Holy Qur'an by Malik Ghulam farid.
6	History of Ahmadiyyat	From "Basics of religious knowledge" part 7 Prepared by the Canada Jamaat or from any other available book.
7	Books of the Promised Messiah	To study the following books of the Promised Messiah ^(as) 1. "Jesus in India" 2. "The Philosophy of the Teachings of Islam" 3. "Need for the Imam"
8	Study of the Sirat (life and character)	To study the life of Hazrat Khalifatul Masih the 1 st from "Nooruddin" written by Ch. Muhammad Zafarulla Khan.
9	Disputed matters	To study and have a thorough understanding of the following disputed matters: Death of Jesus Finality of prophet-hood Truth of the Promised Messiah Institution of the Khilafat in the light of the Holy Quran and Ahadith
10	Topics from the "Essence of Islam"	Volume 1: Allah the exalted (pages 37-123) Volume 2: Jihad with sword (pages 319-333) Volume 3: The need of prophets (pages 125-167) & The Gog and Magog (pages 305-310) & The Veil (pages 327-334) Volume 4: The purpose of the Promised Messiah's advent (pages 107-137)

POEM



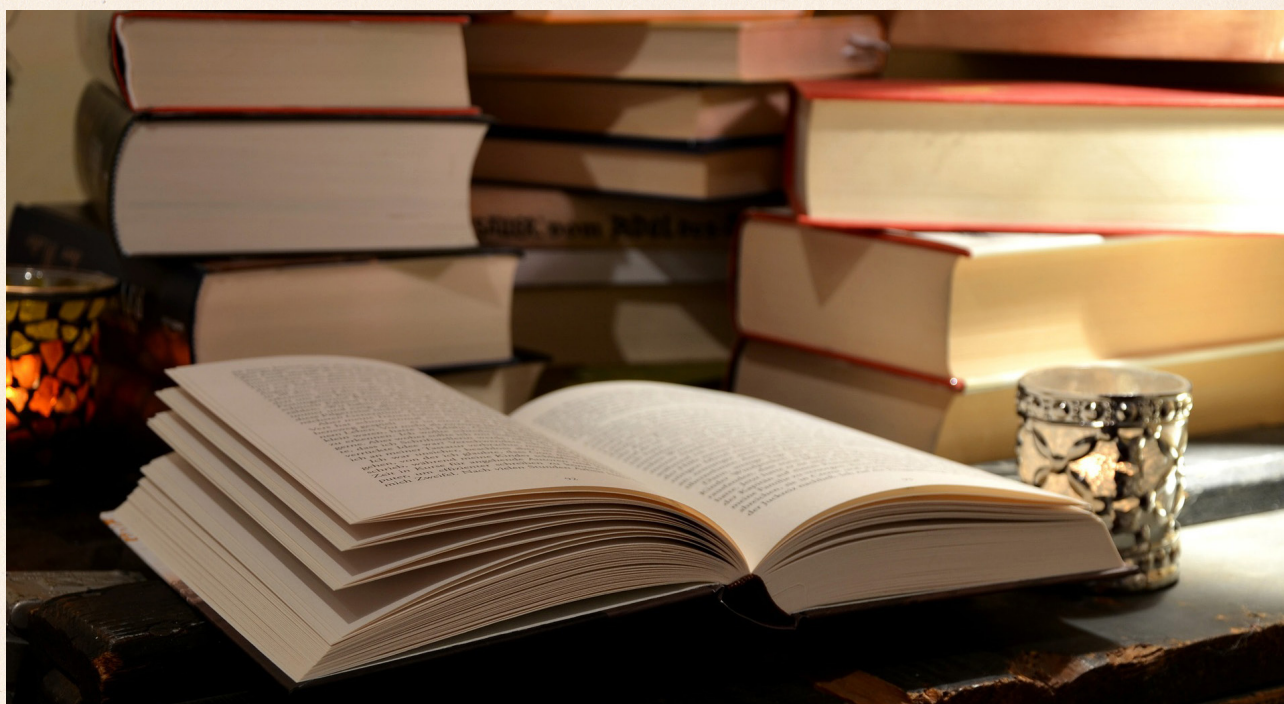
- Memorize Qaseedah by Masih-e-Maud^{as} couplets 51 to 60.

بَطْلٌ وَحَيْدٌ لَا تَطِيشُ سِهَا مُهُ	51	ذُومُصِيَّاتٍ مُؤَبِقُ الشَّيْطَانِ
هُوَ جَنَّةٌ إِنِّي أَرَى أَثْبَارَهُ	52	وَ قُطُوفُهُ قَدْ ذَلَّتْ لِحَنَانِي
أَلْفَيْتُهُ بَحْرَ الْحَقَائِقِ وَالْهُدَى	53	وَرَأَيْتُهُ كَالدُّرِّ فِي اللَّبْعَانِ
قَدْ مَاتَ عَيْسَى مُطْرِقًا وَنَبِيُّنَا	54	حَيٌّ وَ رَبِّي إِنَّهُ وَافِقِي
وَاللَّهِ إِنِّي قَدْ رَأَيْتُ جَمَالَهُ	55	بِعُيُونِ جِسْمِي قَاعِدًا بِبَكَاتِي
هَإِنْ تَطَلَّيْتُ ابْنَ مَرْيَمَ عَائِشًا	56	فَعَلَيْكَ إِثْبَاتًا مِّنَ الْبُرْهَانِ
أَفَأَنْتَ لَا قِيَّتَ الْبَسِيحِ يَبْقُظَةُ	57	أَوْ جَاءَكَ الْأَنْبَاءُ مِنْ يَّقْظَانِ
أُنْظُرْ إِلَى الْقُرْآنِ كَيْفَ يُبَيِّنُ	58	أَفَأَنْتَ تُعْرِضُ عَنْ هُدَى الرَّحْمَنِ
فَاعْلَمْ بِأَنَّ الْعَيْشَ لَيْسَ بِثَابِتٍ	59	بَلْ مَاتَ عَيْسَى مِثْلَ عَبْدٍ فَإِنْ
وَنَبِيِّنَا حَيٌّ وَ إِنِّي شَاهِدٌ	60	وَ قَدْ اقْتَطَفْتُ قَطَائِفَ التُّقْيَانِ

FOR AGE 20 AND 21

No	SUBJECTS	SYLLABUS
1	Translation of the Holy Qur'an	To learn translation of the chapters 19 to 21 of the Holy Quran
2	Commentary of the Holy Qur'an	To study the commentary on Surah Al-Fajr from "Tafsir-e-Kabir" by Hazrat Mirza Bashir-ud-Din Mahmud Ahmad or from 5 Volume commentary edited by Malik Ghulam Farid Ahmad in English or in any other language.
3	Memorization of The Holy Quran	To learn Surah Al-Jumuah, Surah Ar-Rahman by heart and learn the translation of the verses.
4	Study of Ahadith	To study and understand the at least 100 Ahadith (sayings of the Holy Prophet ^(saw)) given in "Gardens of The Righteous" by Ch. Muhammad Zafarulla Khan.
5	History Of Islam	<p>To study at least 200 pages from "Muhammad Seal of The Prophets" by Ch. Muhammad Zafarulla Khan.</p> <p>Or</p> <p>Study 200 pages from "Sirat Khatamun Nabiyyin" by Hazrat Mirza Bashir Ahmad.</p> <p>English translation of the book is also available as 'The Life & Character of the Seal of Prophets' - Study the 1st part of it. (Continue its study in next couple of years to complete the next parts.)</p>
6	History of Ahmadiyyat	<p>To study from any of the following books on History of Ahmadiyyat</p> <p>"Tazkiratul Mahdi" by Pir Sirajul Haque Nomani (Urdu)</p> <p>"Sirat Hazrat Masih-e-Maud " by Yaqub Ali Irfani (Urdu)</p> <p>"The Promised Messiah and Mahdi" by Dr Aziz Ahmad (English)</p>
7	Books of the Promised Messiah	<p>To study the following books of the Promised Messiah^(as)</p> <ol style="list-style-type: none"> 1. "Lecture Ludhiyanah" 2. " Lecture Sialkot" 3. " Al-Wasiyyat" <p>English Translation of the above books is available.</p>

- 8** Study of the Sirat (life and character) To study the life of Hazrat Khalifatul Masih the 2nd from “Sawaneh Fazal-e-Umar” written by Hazrat Mirza Tahir Ahmad Khalifatul Masih IV. (Urdu)
- 9** Disputed matters The following disputed matters have been studied in the last part of the syllabus. Now should aim at having thorough knowledge:
 Death of Jesus
 Finality of prophet-hood
 Truth of the Promised Messiah
 Institution of the Khilafat in the light of the Holy Quran and Hadees
- 10** Topics from the “Essence of Islam”
 Volume 1: Allah the exalted (pages 124-193)
 Volume 2: Chapter 5 “Prayers”
 Volume 3:
 a) Prophet hood in Islam (pages 125-167)
 b) The Messiah and his second coming (pages 169-242)
 Volume 5: Miracles, signs and prophecies (pages 1-40)
- 11** Ahmadiyyat Huzur^(aba) has specially recommended for Waqifeen-e-Nau to read the following book
 “Welcome to Ahmadiyyat, The true Islam”
 By Dr Karimullah Zirvi.



POEM

- Memorize Qaseedah by Masih-e-Maud^{as} couplets 61 to 70.

وَرَأَيْتُ فِي رَيْحَانِ عُمْرِي وَجْهَهُ	61	ثُمَّ النَّبِيُّ بِيَقْظَتِي لَا قَائِي
إِنِّي لَقَدْ أَحْيَيْتُ مِنْ أَحْيَائِهِ	62	وَ اِهْأَ لَا عَجَازٍ فَمَا أَحْيَائِي
يَا رَبِّ صَلِّ عَلَى نَبِيِّكَ دَائِمًا	63	فِي هَذِهِ الدُّنْيَا وَ بَعَثْ ثَانٍ
يَا سَيِّدِي قَدْ جِئْتُ بِأَبْكَ لَاهِفًا	64	وَالْقَوْمُ بِأَلَا كُفَّارٍ قَدْ أَذَانِي
يَغْرِئِي سَهَامُكَ قَلْبَ كُلِّ مُحَارِبٍ	65	وَيَشْجُ عَزْمُكَ هَامَةَ الشُّعْبَانِ
لِلَّهِ دُرُكٌ يَا إِمَامَ الْعَالَمِ	66	أَنْتَ السَّبُّوقُ وَسَيِّدُ الشُّجْعَانِ
أُنْظُرْ أَلَيْ بِرَحْمَةٍ وَ تَحَنُّنٍ	67	يَا سَيِّدِي أَنَا أَحَقُّرُ الْغُلْبَانِ
يَا حَبِّ إِنَّكَ قَدْ دَخَلْتَ مَحَبَّةً	68	فِي مُهَجَّتِي وَمَدَارِكِي وَ جَنَائِي
مَنْ ذَكَرَ وَجْهَكَ يَا حَادِيْقَةً بَهْجَتِي	69	لَمْ أَخْلُ فِي لَحْظٍ وَ لَا فِي أَنْ
جِسْمِي يَطِيرُ إِلَيْكَ مِنْ شَوْقٍ عَلَا	70	يَا لَيْتَ كَا نَتْ قُوَّةُ الطَّيْرَانِ



FOR AGES ABOVE 21 YEARS

No	SUBJECTS	SYLLABUS
1	Translation of the Holy Qur'an	To learn translation of the chapters 22 to 30 of the Holy Quran during the next few year.
2	Commentary of the Holy Qur'an	To study the commentary from "Tafsir-e-Kabir" by Hazrat Mirza Bashir-ud-Din Mahmud Ahmad or from 5 Volume commentary edited by Malik Ghulam Farid Ahmad in English or in any other language.
3	Memorization of The Holy Quran	To learn and revise different parts of the Holy Quran by heart.
4	Study of Ahadith	To study and understand the rest of Ahadith (sayings of the Holy Prophet ^(saw)) given in "Gardens of The Righteous" by Ch. Muhammad Zafarulla Khan and try to read other books available from Bukhari, Muslim, Tirmazi, Nasai, Ibne Madjah, Abu Daud.
5	History Of Islam	<p>To study next parts from "Muhammad Seal of The Prophets" by Ch. Muhammad Zafarulla Khan.</p> <p>Or</p> <p>Study "Sirat Khatamun Nabiyyin" by Hazrat Mirza Bashir Ahmad.</p> <p>English translation of the book is also available as 'The Life & Character of the Seal of Prophets' - Study the next parts of it.</p>
6	History of Ahmadiyyat	<p>To study from any of the following books on History of Ahmadiyyat</p> <p>"Tazkiratul Mahdi" by Pir Sirajul Haque Nomani (Urdu)</p> <p>"Sirat Hazrat Masih-e-Maud " by Yaqub Ali Irfani (Urdu)</p> <p>"The Promised Messiah and Mahdi" by Dr Aziz Ahmad (English)</p> <p>To study the book 'Ashab-e-Ahmad' (introduction of the companions of the Promised Messiah^(as)).</p>
7	Books of the Promised Messiah	To study the books of the Promised Messiah ^(as) .

8 A detailed study of the Structure of Jamaat
Majlis Khuddam-ul-Ahmadiyya, Lajna Imaillah, Nizam-e-Wasiyyat, Sadr Anjuman Ahmadiyya, Tahrik-e-Jadid, Waqf-e-Jadid, Majlis-e-Shura, Jalsa Salana, Chanda jaat and Mali Nizaam (Finance system), National Offices of Jamaat and duties of the office bearers, Nizam-e-Qaza.

9 Disputed matters
The following disputed matters should be studied for the next years to be a good preacher of Ahmadiyyat and Islam.
Now should aim at having thorough knowledge:
Death of Jesus
Finality of prophet-hood
Truth of the Promised Messiah
Institution of the Khilafat in the light of the Holy Quran and Hadees

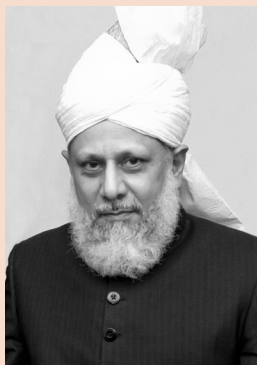
10 Friday Sermons about Waqf-e-Nau
Listen to Friday sermons about Waqf-e-Nau again and again by Hazrat Khilifatul Masih IV^(ra) and Hazrat Khalifatul Masih V^(aba)

- Friday Sermons specifically pertaining to Waqf-e- Nau Scheme:



**Friday Sermons by
Hazrat Khalifatul Masih IV^(ra):**

- April 3, 1987
- February 10, 1989
- February 17, 1989
- September 8, 1989
- December 1, 1989



**Friday Sermons by
Hazrat Khalifatul Masih V^(aba):**

- October 22, 2010
- January 18, 2013
- October 28, 2016

MISCELLANEOUS

- Observ five daily prayers on time and try to offer *Tahadjud* prayer as well.
- Try to offer two nawafil daily following Huzur's^(aba) instructions.
- Try to fast for the whole month of Ramazan and keep voluntary weekly fast according to Huzur's^(aba) instructions.
- Try to listen the Live Friday Sermon of Hazrat Khalifa-tul-Masih V^(aba) and take the notes.
- Be in touch with your local jamaat and auxiliary organisation and serve the jamaat as much as you can.
- Pay all your chanda jaat and try to take part in other *Tahrikat* of financial sacrifices.
- Try to be a part of Nizam-e-Wasiyyat.
- Reconfirm your Waqf with Hazrat Khalifa-tul-Masih V^(aba) on every stage in writing and seek his guidance and prayers to be a true dedicated servant of Ahmadiyyat.
- Develop a habit of writing a letter to Huzur^(aba) again and agian seeking his love and prayers.
- Try to meet Huzur^(aba) in mulaqat and have a personal introduction with him to get all the blessings attached to Khilafat.
- Try to get the true knowledge of Waqf/dedication and read about the life history of early waqifeen-e-zindagi who has served the jamaat for the cause of Allah and prepare yourselves according to it.



TAHRIK WAQF-E-NAU

On 3rd April 1987, after receiving Divine guidance, the Head of the Ahmadiyya Muslim Jama'at, Hazrat Khalifatul Massieh IV called on Ahmadis to devote the lives of their children for the cause of the Community and bring them up in such a way that they would grow up to willingly sacrifice everything for the sake of God. Accordingly, this generation would be able to shoulder the responsibility of the Jama'at in its second century. Huzoor^(rh) called this scheme Tahrik Waqf-e-Nau.

Today, Tahrik Waqf-e-Nau is a thriving institution in which thousands of Ahmadis devote the lives of their children for the sake of the Jama'at and everyday this number continues to swell.

Hazrat Khalifatul Massieh IV (may Allah have mercy on him) and also our present Huzoor Hazrat Khalifatul Massieh V (may Allah be his helper) delivered a number of Friday Sermons and Addresses to parents and Waqfeen-e-Nau in which they explained the importance of this blessed scheme, the responsibilities of parents, how to bring up these children and the responsibilities of Waqfeen-e-Nau. Hazrat Khalifatul Massieh IV^(rh) advised Wakalat Waqf-e-Nau to prepare a syllabus for these children as a mean to provide guidance for their education, upbringing and training. Wakalat Waqf-e-Nau and the Central Waqf-e-Nau Department, London prepared a syllabus in Urdu and English for Waqfeen-e-Nau up to the age of 21.

With the instructions of Huzoor^(aba), the newly designed and colourful Waqf-e-Nau syllabus is being published in three parts and is divided in the following age groups: Ages 1-7, Ages 7-15, Ages 15-21.

May Allah enable these children to fulfil the numerous challenges that are ahead of them in the best possible way. Ameen

